



Café Shelford will provide students & staff with a variety of foods to satisfy their nutritional needs during the day. We urge parents to help us to improve the quality of our Shelford girls' diet by encouraging them to make balanced choices.

## Daily Specials

Please refer to the weekly school Newsletter or ask us in the Cafe.

## Sandwiches

- Chicken salad sandwich 4.50
- Tuna salad sandwich 4.50
- Egg salad sandwich 4.50
- Vegemite sandwich 2.50

## Hot Foods

- also see **Daily Specials**
- Sausage roll 3.00
- Cheese roll 2.50
- Garlic bread 2.50
- Toasted ham & cheese 3.00

## Salads (with homemade healthy dressing)

- Egg Salad 3.50
- Chicken Salad 3.50
- Tuna salad 3.50

## Snacks

- Muffin 2.00
- Cookie 1.00
- Yoghurt & Muesli 2.50

## Fruit

- Fruit salad 3.50

## Drinks

- Bottled water 500ml 2.20
- Fruit box 250ml 1.50
- Fresh fruit juice 500ml 3.00
- Up & Go 250ml 2.00
- Iced tea 500ml 3.00
- NW 575ml 3.50
- Nippy's iced coffee 375ml 3.00
- Sparkling water 245ml 2.50

## Frozen Products

- Frozen Yoghurt 2.20
- Calippo mango/ berry 1.00
- Paddle Pop 1.50

## Junior School ordering:

On a paper bag, clearly print the student name, class, lunch order & price of each item. Please do not use staples. Change will be taped to the outside of the bag. Some items may not be available every day. If this occurs, items will be replaced with suitable alternatives.